



# Kirkby Stephen & Upper Eden Community News

Spring 2015

February 2015

## News from Kirkby Stephen Local Links ...

### Get Online at Local Links

Over the coming months we will be joining other UK Online Centres across England in a national campaign to "Be Online".

At the Local Links Centre during our opening hours on Friday 10.00am—5.00pm we will be offering 1:1 support and tuition on our computers and assisting people with using their own tablets, laptops and other mobile devices.



During the campaign, access to our computers and WIFI will be free to anyone wanting to take advantage of this excellent opportunity.

Our aim is to help members of our Community, embrace the digital era, understand internet safety and become independent online.

If you have a laptop, tablet or other mobile device and would like some free support and learn how to use your device to its full potential, call into the Local Links during our "Be Online" campaign and book your slot. 30 minute appointments will be offered on a first come



first serve basis. Pre-book your appointment to avoid disappointment on: 017683 71775 ask for Kellie or Wendy.

### Welcome to our Job Club!

Are you unemployed and looking for work, need to access online job search facilities, or looking for a new challenge or training opportunity? Call in and speak to Community Centre Staff at the Local Links about our Job Support Service. Available every Friday from 10.00am—5.00pm



Find out about the support and help you can access locally, on your path to new employment, we can help with, updating and creating a CV's, assist with job searching locally and online, interview preparation and much more....

If you would like to access

Keep up-to-date online,

Like and share  
our community  
Facebook  
page:



**Kirkby Stephen  
Community Centre**

our Job Support Service call in and speak to Kellie or Wendy at the Community Centre.

### Responding to community needs...

Recently we have been focusing on building links with service providers who can offer support to those in need within our local community. As a result of our activity, we have organized a number of drop-in sessions to provide local access to much needed services which will be held at the Local Links over the coming months. Go to **Page 6** of this newsletter, our "**Whats On at Kirkby Stephen Local Links**" guide provides a list of the different service providers who will be coming to our Centre to provide out reach support, drop-in sessions and clinics.

### Report it.....

If there is something in your local area that needs attention, maybe problems with refuse collection, footpaths, lighting, dog fouling, fly tipping, street cleaning, or you need information on recycling and other public services, call in and see us at **Kirkby Stephen Local Links**. As an out reach post for Eden District and Cumbria County Council, we can deal with and report many issues, saving you time, money and inconvenience .

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## HIGHLIGHTS

- Report It ! At Local Links*
- Kirkby Stephen Parish Elections 7th May*
- Funded Business Support available locally*
- Free Draught Proofing for eligible Eden Residents*
- Dog Control Order in Eden*
- Proposed new BUS ROUTE*
- Cumbria Classic Coaches*
- Kirkby Stephen Youth Club*
- Easter Fun Activities*

### Kirkby Stephen Local Links

Open: Monday, Wednesday, Friday: 10.00am—5.00pm  
(Closed 12.30—1.30 pm)

Saturday 10.00am—1.00pm (Library only)

Address: Vicarage Lane, Kirkby Stephen, CA17 4QX

Tel: 017683 71775 Fax: 017683 74858

Email: [kslocallinks@cumbria.gov.uk](mailto:kslocallinks@cumbria.gov.uk)

## Kirkby Stephen Town Council News

### **ANNUAL ELECTORS MEETING**

Hosted by  
Kirkby Stephen Town Council  
**Tuesday 5<sup>th</sup> May at 6.45pm**  
**Local Links Meeting Room**

*This is a great opportunity to put forward ideas and suggestions relating to Kirkby Stephen for future consideration.*

### **PARISH ELECTIONS—7<sup>th</sup> May 2015**

Do you want to have more say in your community and be involved in local decision making?

If so have you thought about standing for election at the Town or District Council elections which take place in May 2015?

To find out more about this varied and rewarding role please speak to the Town Clerk or any of the current councillors.

Why not attend a meeting of the Town Council (first Tuesday of the month at 6.45pm in the Local Links Meeting Room) to listen to the discussions that take place and see if it appeals to you?

Interested? Further information is available from the Cumbria Association for Local Councils website

[http://www.calc.org.uk/about/becoming\\_a\\_councillor.asp](http://www.calc.org.uk/about/becoming_a_councillor.asp)

Nomination papers and further information will be made available shortly, keep a lookout for information about eligibility for applying, how to obtain nomination papers and the timescale of the election process in the press, on the town and District Council websites and on local notice boards.

### **Town Council—Dates of Meetings**

7<sup>th</sup> April

5<sup>th</sup> May

May—AGM (date tbc)

2<sup>nd</sup> June

Meetings start at 6.45pm in the Local Links Meeting Room.

The first item is Public Participation.

The agenda and minutes are available to download from

[www.kirkby-stephen.com](http://www.kirkby-stephen.com)

Paper copies are available at the Local Links.

### **TOWN COUNCIL CONTACT DETAILS**

Mrs. J Johnstone, Chairman

Mrs. M Albon

Mr. A Birtles

Mr. P Ladhams

Mrs. G Lumley

Mr. P Richardson, Vice-Chairman

Mrs. J Scarr

Mrs. J Sowerby

Mrs. D Thornton

Clerk/Financial Officer:

Mrs. J Cooper



## Kirkby Stephen Town Council News

### PUBLIC TOILETS—STONESHOT

The Town Council recently received a presentation from Eden District Councillors Mr. Simpson and Mr. Tonkin regarding a proposal to upgrade the public toilets. The upgrade would be subject to the installation of charging facilities. Previously the Town Council has not been supportive of such a move, however, in light of the increasing pressure on local authority budgets and, with it, the constant review of service provision the Town Council has reconsidered its stance.

Public toilets are not a statutory service, which leaves them vulnerable in the case of future budgets cuts. In Kirkby Stephen our economy relies on visitors and passing trade, therefore the Council considers that good quality, clean public toilets are a huge asset to the town and a vital facility if we are to encourage people to keep visiting Kirkby Stephen. We are lucky that our facilities are kept so clean, unfortunately they have been a target for vandalism in recent months.

The Council was told about the scheme which has been completed at Pooley Bridge, the toilets have been given an upgrade, making them more attractive and introducing vandal resistant facilities

which are easier to clean and maintain. Entrance is controlled via a paddle gate and costs 20p. Eden District Council is now rolling out the scheme to other parishes across the district.

The maintenance costs of the Stoneshot toilets for the previous financial year was £18,301. Footfall figures gathered during 2014 show that just under 150,000 visits were made to the toilets, suggesting that an annual income in the region of £29,980 could be generated. The income generated is used to offset the annual maintenance charges. Of this figure the Town Council would receive a minimum payment of £1,000 or 10% of the net profit, whichever is greater. In return for the payment the Town Council will be responsible for collecting the money from the machines and overseeing the cleanliness of the toilets.

The Council gave the matter full consideration at the February meeting. There remains some concern regarding the charging aspect such as it may discourage some people from using the toilets and the potential for vandalism of the machines, however, the over-riding concern is to safeguard the provision of public toilets in Kirkby Stephen and it is felt that this may offer a way of securing their future.

### **BUDGET 2015/16—brief description below, see website for full details**

| Service/Activity           | Est. Annual cost of service | Income from grants & est. balance brought forward              | Precept 2015/16 |
|----------------------------|-----------------------------|--|-----------------|
| Street Cleaning            | £15,500                     | EDC grant £6,470<br>Bal b/f £2,080                             | £7,000          |
| Open Spaces                | £7,437                      | Balance b/f £ 572  | £6,900          |
| Grants and Donations       | £5,250                      | Balance b/f £1,760   | £3,500          |
| Administration             | £22,088                     | Balance b/f £2,997   | £19,100         |
| Council & Community Centre | £41,105                     | Balance b/f £16,618<br>EDC grant £4,540<br>Other income £2,600 | £17,500         |
| Miscellaneous              | £7,535                      | £6,353   | £1,200          |
| Cloisters                  | £1,650                      | Balance b/f £1,195   | £500            |
| <b>Total Precept</b>       | Budget amount £55,700       | CTRS grant £5,160  | <b>£50,540</b>  |

## Local services, news and updates.

### MacMillan Cancer Support Group

#### Kirkby Stephen

We are hoping to start a "Kirkby Stephen and District Cancer Support Group" for people affected by cancer in the local area.

We would like to invite anyone who has experience of cancer, whether as a patient or carer, to join our support group; everyone is welcome and we would like to include people from all parts of our community.

We recognise that cancer can be a very isolating experience and we want to help ensure that anyone in our area, who has been affected by it, has a source of local support.

The group will be led by people who have direct experience of cancer and we aim to provide informal support that will be both compassionate and positive.

If you are interested in joining us please come to our informal tea/coffee morning on:

**25<sup>th</sup> March 2015, 10.30 am—12.00 noon**  
at Kirkby Stephen Local Links.

### Have you ever thought about starting a business but unsure how to go about it?

#### Well CREA may be able to help.

Through the challenges of the economic climate our business support services have offered many individuals with a dream, or who maybe facing redundancy and unemployment, an opportunity to create a new business and employment for themselves and sometimes others. With the support of specialist organisations, local authorities & the European regional development fund we are continuing to support those looking to start in business and those already trading.

If you are considering self employment, are an existing business looking for some advice or are just interested to see what we currently have available please contact us on:

01539 726624 or email [gemma@crea.co.uk](mailto:gemma@crea.co.uk)

**Cumbria CVS Volunteer Centre** can support you into volunteering by advising you on the types of voluntary work available in local voluntary, community or statutory organisations. There is a wide range of volunteering opportunities including caring, youth work, administration, supporting disabled or older people, driving, conservation, and being a trustee.

Before you start to volunteer it is important to think about what you want to do, how much time you want to commit and how often you are able to volunteer. Different organisations offer a variety of opportunities at different times and on different days.

Call **01768 800350** or e-mail: [info@cumbriacvs.org.uk](mailto:info@cumbriacvs.org.uk) to find out about local volunteering opportunities.



### FREE Draught Proofing for Eden Residents

If you're feeling the effects of the recent cold spell, there's still chance to have your house draught-proofed with a local initiative offering free draught proofing to eligible Eden residents who are either over 60 and on a low income, or under 60 and in receipt of a means tested benefit, or if a member of the household has a disability or long term health issue.

#### Draught proofing your home aims to make it warmer, and reduce your heating bills.

An experienced assessor will visit your home to assess for draughts and give personalised advice on ways to save energy and maybe switching energy provider. Once recommendations have been made a professional fitter will visit at a pre-arranged date and time to install the specified draught proofing products. These may include: seals, brushes, draught strips for doors and windows, special letter box and keyhole covers and chimney balloons.

This is part of Penrith-based charity Cumbria Action for Sustainability's (CAFS) lottery funded Sustain Eden programme. The service is free of charge and any advice is given independent of any other organisation.

**For more information see [www.cosyhomes.org.uk](http://www.cosyhomes.org.uk) or call 01768 861 463.**

### LAC Support in Eden

Offers a flexible and slow fix approach to supporting both individuals and their communities to work towards set goals and pursue their vision of a good life.

#### Gemma Charleton

##### Local Area Coordinator

Our service focuses on the individuals strengths, skills and gifts, and aims to improve their personal resilience and prevent them from reaching crisis point.

Local Area Coordination keeps the individual at the centre of decisions and actions, ensuring the support they receive is personalised to their needs, to ensure they, get a life, not a service.



To enable local individuals, in need of accessing our service locally, we have organised fortnightly drop-in sessions at Kirkby Stephen Local Links.

**Starting from 27th Feb, then on alternate Friday's between 10.00am and 12.00noon** people can pop into the Local Links to discuss their needs and see how and if we can help make a difference.

Alternatively, if you would rather discuss your needs over the telephone, in the first instance, you can reach me on: **07785 456643**

## Local services, news and updates.

### Upper Eden First Responder Team

Since going live in February 2010 we have responded to over 400 emergency calls. All of our dedicated team members are volunteers, who have to finance most of the equipment themselves. Fundraising is a constant challenge, with each set of kit costing around £1700. Much of the money is raised locally by the UEFR Lottery which is run every month, to which we thank all who take part. If you would like more information on the lottery, becoming a First Responder, or having a talk explaining how the team works, please send an email to Mollie Young: [mtyoung@btopenworld.com](mailto:mtyoung@btopenworld.com)

**Cumbria Classic Coaches** is an unlikely firm to operate timetabled routes to local market towns but demand has dictated that we registered a new route 571 to Kendal from Brough via Ravenstonedale, Newbiggin on Lune, Tebay and Grayrigg each Monday. This route has proved popular and we are hopeful to run it all year round.

We have also registered an additional new route to Kendal from Shap via Ravenstonedale, Orton, Tebay and Grayrigg each Thursday. This service is numbered **570** and will run at similar times to the 571 service.

All our registered routes have a conductor in attendance, accept concessionary passes and are 'hail and ride' between main bus stops.

Bus timetables are available from:

**Kirkby Stephen Local Links and The Visitors Centre.**

**Walkers Are Welcome** It is now official, scientists have found that a brisk 20 minute walk per day is all it takes to avoid dying prematurely and inactivity is more likely to lead to death than obesity.

Why not start the new year right and try a gentle one hour walk with Kirkby Stephen and District Walkers are Welcome Dawdle group which meet once a week on Thursdays at The Market Square, Kirkby Stephen. We will take account of your health and fitness levels. We go whatever the weather and programme details are available at the Local Links Centre or our website: [www.walkeden.org](http://www.walkeden.org)

### Dog Control Orders and Responsible Ownership!

Eden District Council has implemented a Dog Control Order in Eden which covers the following three offences:-

1. Failing to remove dog faeces.
2. Not keeping a dog on a lead.
3. Permitting a dog to enter land from which dogs are excluded.

The details around all three provisions of this legislation are explained more clearly in Eden District Council's Dog Control leaflet, copies of which can be picked up at Kirkby Stephen Local Links.

**Micro-chipping:** From April 2016 all dogs are required by law to be micro-chipped in England. Most vets, like the Council, are offering this service for free.

**Dangerous dogs:** Report attacks on other dogs or people to the Police by calling 101.

### Kirkby Stephen Youth Club

Runs every Wednesday night from 6pm to 8pm and welcomes all young people aged 11 to 19.

Where? In the Methodist Hall opposite the Spar Shop.

We offer a range of activities including, pool, debates, dodge ball, indoor hockey, party nights, arty session, music nights, trips out (our last trip took us to Blackpool Pleasure Beach), and much more..... or just come and chill with us. For more information please contact Kirsty McEwan, Youth Worker for Young Cumbria on:

07866 266644 or 017683 41751.

### Kirkby Stephen Grammar School

**Year 9 Speed Watching..** Concerns raised by students over the speed of traffic in the town prompted an opportunity for Year 9 Students to take part in a Community Speed Watch Scheme. Led by PCSO Janet Allison, Year 9 Students put local drivers to the test, using speed radar guns. Sited in two locations in the town, Market Street and Christian Head, students clocked a number of vehicles travelling through these busy areas.

The results showed an average speed of between 15 and 20 mph. The maximum speed for both roads is 30 mph.

28 students, 2 Staff, a PCSO and a radar guns are clearly a good method for reducing traffic speed in the town.

### Good News for KSGS...

We are delighted that we have been awarded the "Healthy Menu for Schools Award" and the "Bronze Democracy Award". Well done to all concerned!

**Do you have some time to spare and would you like to help provide youth services for local young people?**

**We are looking for volunteers who can help with a variety of tasks. Contact Jackie at PAD9 on: 017683 71950**

### Remote Cinema—update.....

After a year of cooperative work by the Town Forum and Kirkby Stephen Scouts, it is sad to have to report that the Remote Cinema activity will not continue in early 2015.

The Town Forum was wound up in mid 2014 and the Scouts are unwilling to take over the administration of the cinema activity. The Eden Arts lottery grant requires involvement of young people, and it has been difficult to identify any group to support these events. As Kirkby Stephen does not have a Village Hall, expenses such as venue rental, and public liability insurance add significantly to the license fee for the films, and small audiences cannot bring in the necessary income to cover costs.

A small working group has been convened to consider whether there can be a future for small scale cinema events in Kirkby Stephen, and would welcome any ideas or support from residents.

Please contact **Mike Walker** via Kirkby Stephen Local Links—017683 71775

### What's on at Kirkby Stephen Local Links

#### **Eden Carers—Carers Drop-in Clinic**      **10.00am—12.00pm**      **Friday 27th Feb & Friday 27th Mar**

Do you support a loved one, friend or family member? You are one of the hidden army of voluntary Carers in Eden. Call in and see us for a coffee and a chat, find out about support available to carers of all ages across Eden.

#### **MacMillan Cancer Support Group**      **10.30am— 12.00pm**      **Wednesday 25th March 2015**

Have you had experience of cancer, whether as a patient or carer? Would you like to meet with others in the local area who have experienced a similar situation and join a support group? Then please come to our informal tea/coffee morning in March, everyone is welcome.

#### **Local Area Co-Ordination**      **10.30am —12.00pm**      **Alternate Friday's from 27th February**

A slow fix approach to helping people and communities to work together and avoid crisis point. Focusing on individuals skills and strengths, helping people to improve their personal resilience and pursue a vision of a good life. If you would like to know more about how Local Area Co-Ordination can help you, call in and speak to Gemma Charleton.

#### **Alzheimer's Society—Outreach Support**      **10.00am—12.00pm**      **Friday 6th March**

Come along to our monthly drop-in session and find about information and support that is available to people living with Dementia. Advice on diagnosis, financial and legal matters, carer support and much more. One to one appointment also available.

#### **Bridging The Gap**      **10.00 am —12.00**      **Every 3rd Tuesday**

Drop-in session for people with hearing loss. Call in and get your hearing aid checked by the professionals and get new batteries fitted. Full list of session dates and times and replacement batteries are available from the Community and Council Centre at The Local Links.

#### **Eden Save— Credit Union**      **10.30 am —12.00**      **Every Wednesday**

Your way to save, your way to borrow, your way to a better future. If you would like to know more about our ethical loans, affordable savings and local ownership, call in to our Wednesday morning session in Kirkby Stephen at The Local Links.

#### **Eden Timebank**      **10.00am—12.00**      **Every Wednesday**

Share your skills with others in your community and be rewarded for your time. Your spare time is worth a lot, so invest it well with Eden Timebank. Call in and see us at Kirkby Stephen Local Links for more details.

#### **Be Online @ Local Links**      **10.30am & 4.00pm**      **Every Friday through February & March**

Free one-to-one tuition to help you embrace the digital era, understand internet safety and become independent online.

30 minute appointments will be available through February and March. Tuition is available on our computers and we will do our best to assist people with using their own tablets, laptops and other mobile devices. Please call into the local links to book your slot and avoid disappointment.

#### **Making Beautiful Books**      **10.30am—11.30am**      **Wednesday 1st April 2015**

Learn about how books were made in the past, talk about your favourite book and make your own mini-book with help from Staff of the Wordworth Trust, who will be on hand at our morning workshop in Kirkby Stephen Library. Suitable for children of 5-12 years. Children must be accompanied by an adult.

#### **Extreme Knitting—Training Workshop**      **10.00am—3.30pm**      **Saturday 7th March 2015**

This one day workshop will show you how to make a variety of creations using different materials and simple knitting techniques. Have fun, make new friends and learn a new skill. To book on this workshop, please contact Appleby Heritage Centre on: **017683 53350** or email: [info@applebyheritagecentre.org.uk](mailto:info@applebyheritagecentre.org.uk).

#### **Do you need a place to meet?**

Workshops, Training, Meetings, Events, Drop-ins & Activities

Kirkby Stephen Local Links offers:

Modern facilities with Free WIFI

Central location, nearby parking

Admin services: inc, fax, photocopy, scan & print

(charges may apply)

To hire our facilities please call: **017683 71175**

or email: [kslocallinks@cumbria.gov.uk](mailto:kslocallinks@cumbria.gov.uk)

#### **Talk to your local County Councilor**

**Libby Bateman**, local County Councillor for Kirkby Stephen and Eden will be at **Kirkby Stephen Local Links** on the

following Friday's between 2.00pm—3.30pm:

27th Feb, 6th Mar, 27th Mar, 10th Apr & 24th Apr

Please come along if you have an issue you would like Libby to take up on your behalf, or just stop in to say "hello". If you're not able to make it to a surgery but have a problem you would like Libby to look into then please email: [libby.bateman@cumbria.gov.uk](mailto:libby.bateman@cumbria.gov.uk) or telephone: 07759665233

**Easter Activities**

**Kirkby Stephen & Brough**  
**Classic Commercial Vehicle Rally**  
**Saturday 4th and Sunday 5th April 2015**  
**FREE BUS RIDES,**  
**Over 250 Exhibits, Local Shops and Stalls**

**Eden Classic Vehicle Group.**

The 17<sup>th</sup> Classic Commercial Vehicle Rally will be held over the Easter Weekend, Saturday and Sunday 4<sup>th</sup> & 5<sup>th</sup> April 2015 in Kirkby Stephen and Brough. We hope that about 250 'last century' lorries, buses, coaches, municipal vehicles, emergency vehicles, tractors, and military vehicles will be on display at about 7 locations and the whole event is free to both exhibitors and the public alike.

There will be a free bus service between all locations operated by about 20 classic buses and coaches, so park your car and enjoy the rally by bus!

For more info visit: [www.cumbriaclassiccoaches.co.uk](http://www.cumbriaclassiccoaches.co.uk)

**Quilting and Knitting Exhibition**

The BALLROOM, Kings Arms, Kirkby Stephen  
 Saturday 4th, Sunday 5th & Monday 6th April 2015  
 10.00am—4.00 pm

Entry Fee £3.50, all funds and donations will be given to Kirkby Stephen Mountain Rescue  
 Refreshments will be available all day in The Kings Arms

**Brough and Stainmore Art Group Annual Exhibition**

Kirkby Stephen Masonic Hall  
 Saturday 4th, Sunday 5th & Monday 6th April 2015  
 Guest Artist—Metal Sculptor, "Will It Fettle"

A display of art works from our talented members, demonstrating the use of a variety of materials and covering a wide range of subjects. Members will be on hand throughout the exhibition to discuss their work and answer any arty questions. Original artworks will be on sale as well as prints and cards. Entry to the exhibition is free, light refreshments and a raffle, with donated art works as prizes, will also be available.

The exhibition will also be fund raising for a local charity with collection boxes.

**Kirkby Stephen Parish Church—EASTER SALE**

Clothes, Books, Toys, Bric-a-Brac etc.  
 Sat 4th April 10am—4.30pm, Sun 5th April 12—4.30pm  
 Monday 6th April 10.00am—3.00pm  
 Refreshments served through the day in Church.  
 Funds raised in aid of Kirkby Stephen Parish Church

Kirkby Stephen Parish Church—Easter Service  
 9 Lessons & Carols at Easter  
 Sunday 5th April, 6.30pm, All Welcome

**Sports and social, clubs and groups****PAD9—Kirkby Stephen Youth Group**

Mon & Thurs @PAD9, Waltons Yard off Market Square  
**1st Kirkby Stephen Brownies & Guides**, Tues @ KSGS  
 visit: [www.girlguiding.org.uk/interested](http://www.girlguiding.org.uk/interested) for details.

**1st Kirkby Stephen Scout Group**

Beavers (alt Weds), Cubs (alt Weds), Scouts #1 (alt Tues),  
**KSA Scouts** (alt Fri). All meet at the Silver Band Hut off Mellbecks email: [gsl@ks-scouts.org.uk](mailto:gsl@ks-scouts.org.uk) or tel: 017683 41107.

**Kirkby Stephen Young Farmers Club—age 10-26**

Tues, 7.30pm Winton Village Hall, tel: 01768866550

**2192 Appleby Air Cadets** meet Weds & Fri 7.15-9.30pm at Air Cadet Hut behind AGS tel: 017683 61845

**DAWDLES—Walkers**, meet every Thurs 10.30am Cloisters  
 For more details visit: [www.walkeden.org](http://www.walkeden.org)

**Running—Howgill Harriers** meet at KSGS Mon 6.30pm running, Weds 7.00pm circuits. For more details of runs and events visit: [www.howgillharriers.co.uk](http://www.howgillharriers.co.uk)

**Kirkby Stephen Tae Kwon-Do** meet in the Gallery Room at KSGS Sports Hall, Age 7-12 6.00-7.00pm, Age 12 & over 7.00-8.30pm. Contact: Martin Harvey 07971219436 visit: [www.gtuknorthwest.co.uk](http://www.gtuknorthwest.co.uk)

**Brough Badminton Club**—meet Weds from 7.30pm KSGS Sports Hall contact: Sarah Bowman 017683 72345

**Junior & Senior Badminton**—KSGS Sports Hall, Fridays 6.00-9.00pm Contact: Jeanette McQuirter 017683 71693

**Cycling and Socialising**—Eden Valley CTC, Weds & Sun 9.30 starts. visit: [www.edenvalleyctc.org](http://www.edenvalleyctc.org) for details

**Upper Eden History Society**—Meet monthly in The Coffee Bar in KSGS. visit: [www.upperedenhistory.org.uk](http://www.upperedenhistory.org.uk) for details.

**Royal British Legion Women's Section**—Meet First Monday of every month at Swanson House in Brough. New members very welcome, for more details contact: Sheila Proctor on: 017683 71061

**Nateby and Wharton WI**—first Fri of month 7.00-9.00 pm, Quaker Meeting House tel: Joyce Hunter 017683 71517.

**Upper Eden Quilter**—Quilting, Knitting & Crochet, Fridays @ Friends Meeting House tel: Sue Bradley on 017683 72700

**Kirkby Stephen Family History Group**—meet 2nd Tues in Month @Kirkby Stephen local links email: [kshfhistg@googlemail.com](mailto:kshfhistg@googlemail.com)

**Stitch and Chatter**—meet alt Fridays from 10-12 in Winton. Craft in all areas of textile, learn new skills and share your own. Call Carole on: 07419372881 for details.

**Brough Sowerby Lunch Club**, first Wednesday of every month at Brough Sowerby Chapel. 12.00—1.00pm. Contact Sarah Kirkup on: 017683 41258.

**Kirkby Stephen Choir**—"The Local Choir with a Big Heart" Wednesday 7.30—9.00pm meet at Kirkby Stephen Masonic Hall. Cost £3. All welcome, lots of fun, music to suit all tastes. Contact Karen West ; 07974 759136. email: [karenwestmusic@yahoo.co.uk](mailto:karenwestmusic@yahoo.co.uk)

**Kirkby Stephen Youth Club**—Every Wednesday 6-8pm Meet at The Methodist Hall, opposite Spar. Welcome all 11-19 year olds. Contact: Kirsty McEwan on 017683 41751

**To include your group, club, sport or social activity in this listing, email: [communitynews@kirkby-stephen.com](mailto:communitynews@kirkby-stephen.com)**

## Business Directory



**Eden Ladies**  
WORKING TOGETHER

Eden Ladies Business Network

Meet: 4th Thursday monthly. Venues around Appleby and Kirkby Stephen. We provide training, support and a networking opportunity for all women in business, managers, owners or people considering self-employment.

E:media@edenladies.org.uk

Tel: 07791977979

**HEWITSON & HARKER  
SOLICITORS**

**Local Expertise**

We offer comprehensive, high quality, client focused advice in the following

areas:

Conveyancing  
Wills & Trusts  
Power of Attorneys  
Care Home Fee Planning  
Estates & Probate  
Agricultural & Business Srvs  
Tel:017683 71534  
law@hewitsonandharker.co.uk

**Karen West Music**

Inspirational music lessons for all ages and abilities.

Lessons in singing, piano, music theory and composition.

Outstanding exam support for GCSE and

A Level Music.

Confidence building, performance opportunities, graded exam success.

Contact: Karen West

**Mobile: 07974 759136**

karenwestmusic@yahoo.co.uk

**Gardening**

design — planting— ponds  
pruning— hedging— paths  
sheds—summerhouses

Mark Barker

01539 653539

07709977619

**Painting and Decorating**

Internal & External

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**Advert Option One: £15.00 per edition**

**(Max 20 words per advert)**

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**Mon, Weds, Fri & Sat**

**11.00am—3.00pm**

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**Does your business need an internet presence?  
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The Kirkby Stephen website is a central resource for residents and visitors of Kirkby Stephen, offering an extensive range of information on services and businesses in the area.

The directory listings for businesses and accommodation providers are well visited by many. A listing offers a dedicated page to your business with location on google maps, street view, photos and business logos.

If you would like to advertise your business on **kirkby-stephen.com** please contact Kellie or Wendy on 017683 71775 or email: **website@kirkby-Stephen.com**

**Kirkby Stephen  
Local Links  
Admin Services**

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