

Kirkby Stephen & Upper Eden Community News

Spring 2016

February 2016

News from Kirkby Stephen Local Links ...

Fantastic News!! We are so pleased to announce that our funding applications submitted last year, to up grade our IT equipment and software, were successful.

A huge thank you to Eden District Council, Cumbria County Council and Kirkby Stephen Town Council for their contributions to support the cost of our new equipment and software upgrade.

The funding will enable us to replace our old and tired computers with new PC's, update our IT software, bringing it in-line with modern systems and improve our user experience.

Our IT upgrade will also include the addition of two new mobile devices, an Ipad Air and an Android Tablet. Both will be a great asset to our existing equipment and will be used for our FREE IT training sessions and to manage our social media, enabling us to regularly check for news and updates and share essential information relating to the centre and the local area.

The installation of our new equipment is planned for mid February, all will be in place and ready for use by Monday 29th February.

Please do call in and try out our new equipment. Windows 10 will be installed on most devices, if you haven't already used this updated windows system, we are offering **FREE trial sessions every Friday**.

For those of you who are considering purchasing an Apple device, we will now be able to offer you an **IPAD FREE TRIAL**. The mac operating system which is used by lpads is different to Microsoft and Android devices, so taking a "**Test Drive**" before you go ahead with your purchase can be a really valuable experience.

The community centre computers are in use most days with local residents, who use the facilities for a variety of needs from job searching, researching local information and online training to completing travel plans, accessing social media and more.

For those of you who haven't used the centre facilities before, we offer concessionary use on our PC's for Students, Over 60's, Job Seekers, Disabled and Under 19's. We also offer printing facilities, photocopying, scanning and faxing.

The funding applications to support our IT upgrade project were submitted to all three authorities in November last year. The existing equipment was out of date, incompatible with modern needs and problematic. Learning that all three applications were successful was wonderful news and now means we can offer a greatly improved IT service to our customers. We really are very grateful for the funds which have been allocated to our project and know it will make a real difference to the services we offer at the community centre.

Like our facebook page:

Kirkby Stephen Community Centre



Follow us on twitter:

communitycentre



FREE WIFI at Kirkby Stephen Local Links

Kirkby Stephen & Upper Eden "Good Neighbours"

Together with a team of dedicated volunteers, we are developing a local scheme, which we hope to launch in September, to offer help and assistance to residents across Kirkby Stephen & Upper Eden.

Whatever your needs, however small, our Good Neighbours will be on hand to help with all sorts of tasks. Anything from help with putting out the washing, reading the papers, collecting shopping, getting the coal in, writing letters, typing emails or just a bit of company and social interaction.

Can you help?

We would like to our scheme to reach the rural communities of Upper Eden as well as Kirkby Stephen. If you are able to offer support in your local Parish and would like to join our team of Good Neighbours, contact Kellie

or Wendy on: 017683 71775

Inside this issue:

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"Go Digital"

Free I-2-1 IT Tuition

Session available

Every Friday

Help with Laptops, PC's, Tablets, Ipads and mobile phones.

To book your session call in to Kirkby Stephen Local Links

or tel: 017683 71775.

Kirkby Stephen Local Links

Open: Monday, Wednesday, Friday: 10.00am—5.00pm

(Closed 12.30—1.30 pm)

Saturday 10.00am—1.00pm (Library only)

Address: Vicarage Lane, Kirkby Stephen, CA17 4QX

Tel: 017683 71775 Fax: 017683 74858 Email: kslocallinks@cumbria.gov.uk

Kirkby Stephen Town Council News

Footway Lights

As you may be aware footway lights provided by Eden District Council in Kirkby Stephen have been under review. The Town Council has been working with Eden District Council to secure footway light provision. We are pleased to confirm that 43 lights are to be retained, a decision is pending on a further 8, however, there are 48 lights to be removed from the town either because they are attached to buildings, on private land, which are no longer supported by EDC or are nearing the end of their life and are not approved for replacement.

The following is a list of lights which are to be removed by Eden District Council, in most cases the light will be kept until the end of it's life, an explanation is given by EDC on why the light is not approved for replacement.

The Green, light is on a building

Two lights - **Church Walk** - lights are on buildings.

Vicarage Lane, opposite the Vicarage, another light close by.

Waltons Yard – light on a building to be kept until the end of its life. There is a light on the restaurant close to the existing light.

Three lights - **Riverside -** The existing pole lights are in gardens and will not be retained by EDC. The road is private and EDC cannot put columns on private land.

Royal Arcade - the light on a building will be kept until the end of its life.

Levens House and **Sower Pow** - other lights in close proximity.

Temperance Hotel - The light has been removed and will not be replaced.

Methodist Chapel, High Street - It will be kept until the end of its life. Other light in close proximity.

27 High Street - It will be kept until the end of its life. Other light in close proximity.

53 High Street - light on a building. It will be kept until the end of its life.

Adjacent Bollam Cottage, **Nateby Road** - light on a building. It will be kept until the end of its life. There is no supply or room in the footway to site a light.

Rear of 44 **The Crescent** - light on a building. It will be kept until the end of its life.

17 **The Crescent** - It will be kept until the end of its life. There are 2 columns on the Crescent which are in better positions.

The Warehouse, **South Road** - The light on a building has been removed. There is no supply for a column.

Two lights - **Station Road**. Will not be retained but will be kept until the end of their lives. Darnell Cottage - the pole light will not be retained as it is on private land and there is no suitable place for a new column.

Hawbank, **Rowgate** - has been removed and will not be re-instated because there is no suitable place for a new column.

Croglam/Rowgate junction - The existing column is hidden in the trees, it will not be retained because there are other lights close by which are considered more important

Westbrook Terrace - light on a building. It will be kept until the end of its life. There is no supply source to put a column in this area.

41 **Westgarth Road** - It will not be retained after it has come to the end of its life because there are other lights close by.

30 Westgarth Road and 1 Westgarth Court & 3 The Close - Existing columns are close to Eden Housing Property. EHA have not shown any inclination to take over lights close to their property and Eden District Council will not retain these lights.

Faraday Road - All lights on buildings to be removed:

Old Slaughterhouse - The light on a building has recently been removed and will not be retained. Amey Engineering advised they are unable to put a light in this area because the supply runs around the building.

Westwood Cottage - The light on a

building will not be retained because of the reasons stated above.

Rear of Croft Street - The light on a building will be kept until the end of its life.

Opposite Oscar House - The light on a building will be kept until the end of its life.

1 Black Bull Barn - The light on a building will be kept until the end of its life.

Adjacent Craven Cottage - The light on a building will be kept until the end of its life.

1 New Fountain Yard - The light on a building will be kept until the end of its life.

The Cottage, **Fountain Yard** -The light on a building will be kept until the end of its life.

Silver Street - The light on a building will be kept until the end of its life.

Outside BD Taxis - The Aluminium column will not be retained.

Workshop, **Redmayne Road** - The light on a building will not be retained but we will look to site a new column with a new LED head on the corner of Redmayne Road/Silver Street in between the 2 lights.

4 East View Cottages, **Redmayne Road** - The light on a building has been removed and will not be retained.

The estimated cost for introducing new lights on columns is £1,500 each, this rises considerably if the electric supply is difficult to access. The cost for any replacement footway lights will fall to the Town Council. You'll appreciate that this is an enormous undertaking and it will not be feasible to replace all of the lights. Priority will be given to public areas linking to services, also taken into consideration will be whether there is physically space to install a new light and if there is access to an electric supply.

We would welcome feedback, please contact the Town Council with your thoughts.

Kirkby Stephen Town Council News

Christmas Lights 2016!

Despite the awful weather during December the Council was able to provide Christmas lights to brighten up the gloom. Grateful thanks to everyone involved in putting up the display, most of whom are volunteers and thanks to Eden Recycling for recycling the Christmas Tree once the display was over.

It was hugely disappointing that several of the new tree light strings were vandalised before Christmas. It is the third year in a row that the lights have been damaged deliberately and add to that the battering the tree takes from the weather the Council considers that the money would be better spent on updating the Christmas lights which are displayed in the centre of the town.

We propose a meeting to discuss the way forward, to initiate fund raising and begin procurement of equipment for the display for 2016 and onwards. Would you like to be involved? If you are interested in assisting in any way please come along on Monday 7 March at 7.30 pm to Kirkby Stephen Sports & Social Club to ensure your views are taken into account.

Queen Elizabeth 90th Birthday Celebrations

The Council is supporting a number of events taking place in Kirkby Stephen to celebrate the 90th birthday celebrations of HRH Queen Elizabeth.

A community clean up is planned in March, there are plans to light a beacon and a community event is being planned for 12th June! Keep an eye out for more information on all these events and how you can get involved on www.kirkby-stephen.com

Brittleton Bursary 2016

The Town Council is currently inviting applications from young persons aged between 13 and 18, who live in the Kirkby Stephen Grammar School catchment area and wish to participate in a new activity or improve their skills in another. This year, a grant of up to £400 is available to enable a young person or group of young people to participate in outdoor activities of their choosing, whether in the form of instruction, training or a specific trip. Previous successful applicants have used the bursary to help fund activities such as DoE expeditions, kayaking and cycling trips and summer camps.

Application is by letter explaining what the bursary would be used for, please include details about yourself including your address and date of birth and send it to the Clerk at the Local Links. The deadline for applications is 25th March.

Stoneshot Public Toilets

The toilets have been a target for vandalism in recent weeks which led to a temporary closure of the facility for a short time. The Police have been informed of the damage and are monitoring the area. If you have any information or see any suspicious behaviour please contact the police non-emergency number 101.

Town Council - Dates of Meetings

1st March, 5th April, 3rd May Meetings start at 6.45pm in the Local Links Meeting Room. The first item is

Public Participation

If you have anything you wish to raise about the town or items on the agenda this is your opportunity to speak to the Council.

Agendas & minutes are available to download from www.kirkby-stephen.com
Copies are available at the Local Links.

TOWN COUNCILLORS

Mrs. J Johnstone, Chairman Mr. A Birtles Mrs. J Hoad Mrs. G Lumley Mr. D Marsh

Mr. P Richardson, Vice-Chairman

Mrs. J Sowerby Mrs. D Thornton

Dr. M Walker

Clerk/Financial Officer:

Mrs. J Cooper

CONTACT DETAILS Phone/Fax: 017683 74854

ccc@kirkbystephen.f9.co.uk
Kirkby Stephen Town Council
Local Links
Vicarage Lane
Kirkby Stephen
Cumbria, CA17 4QX

PRECEPT 2016/17

The Precept for 2016-17 has been set as £56,080. Full details of the budget together with the minutes of the meeting are available on the website or from the Clerk.

Community services and support

Do you know about Eden Save?

Eden Save is a credit union based here in Upper Eden. It is a savings bank which also offers loans to people within the local area. Loans can be generated for small amounts to cover unexpected bills, car expenses, washing machine replacement, school uniform and more. All loans are tailored to suit the individual and there are no hidden charges or penalties for quick repayment.

For more information about Eden Save Credit Union visit **Kirkby Stephen Local Links every Wednesday** 10.30am to 12.00pm or contact our Penrith Office on 01768 890065 any weekday. www.edensave.com

Facebook: Eden Save Credit Union Twitter: Eden Save@EdenSaveCredit

Are you one of the 24 million households in the UK who are with the 'Big Six' energy suppliers?

Local charity, Cumbria Action for Sustainability has teamed up with Energylinx to offer an energy tariff comparison and switching service. Energylinx are independent, and, unlike some comparison services, compare the whole market.

To check if you are on the best deal just call freephone **0800 520 2031**. Or go online to www.cafs.org.uk/tariff

Eden District Council

£500 Government funding for households flooded in December 2015 still available.

Households flooded in December 2015 can still apply for a fixed payment of £500. If you've not received a payment tel:01768 817817 or email: counciltax@eden.gov.uk to advise the district council so your claim can be processed.

Clean for the Queen from 4 to 6 March 2016

EDC are supporting the Clean for The Queen campaign launched by Country Life magazine in partnership with Keep Britain Tidy, to clear up Britain in time for The Queen's 90th birthday in 2016. Read more about the Clean for the Queen campaign by visiting: www.cleanforthequeen.co.uk.

Improving customer access to services at Eden District Council

EDC has embarked on a programme to improve the way in which their services are delivered. They will be looking at improving their online services and exploring new ways of working.

Cumbria County Council

<u>Vital link to be re-established – plans for A591 bus service confirmed</u>

A public bus service connecting Keswick and Grasmere via Thirlmere is planned to start on Tuesday 16 February using the temporary road being built to bypass "The Gap" on Dunmail Raise.

New Council Plan and budget help secure Cumbria`s future in uncertain times

For information on Cumbria County Council's Cabinet recommendations to go to full Council on 18 February visit: www.cumbria.gov.uk/news

Eden Timebank are a small, friendly group creating a network of volunteers who exchange skills within the local community. For each hour you spend helping someone you receive a credit into your account which can then be exchanged for a service you would like. Anything from help with IT skills to gardening and music lessons, everyone's time is valued the same. If you would like to know more about "Timebanking" visit www.timebankinguk.org

Would you like to be a Timebroker for Kirkby Stephen? If you are interested or know someone who is contact Susanne on 07419 372882.

Timebank "Coffee Morning" at Kirkby Stephen Local Links Friday 11thMarch 10.30am—12.00noon Call in for coffee, cake and a chat and find out about our local Timebank group.

The Quitters Big Project

We will be running a raffle in the time between our exhibitions, which we run alternate years. Work is now well underway for the items which will be raffled on Easter Monday 2017, they include a knitting project, a fine christening shawl and a quilt . For your chance to win one of these items, tickets can now be purchased from members of Quitters, Kirkby Stephen Visitors Centre and soon from the office and shop of Hospice at Home in Penrith.

Our chosen charity for this project is Hospice at Home (Carlisle and North Lakeland). For more information contact Sue Bradley on 017683 72700

Campaign for Older Workers - Eden Country Care, actively celebrates age neutral employment and are recruiting staff in the Kirkby Stephen, Tebay, Orton, Fellside, Appleby and Penrith areas based on their ability to do their job, regardless of age. Tom Atkinson, 91



year old client of Eden Country Care is pictured here with senior care workers Gill Dawson (59) and John Vaisnys (64).

The Gardeners of Eden continues to thrive, and we are looking forward to the new season with the ever-present enthusiasm of gardeners.

We meet in the afternoon of the **first Tuesday of each month** at The Friends Meeting House in Kirkby Stephen. On the morning of the late May Bank Holiday, Monday 30th May, we will be holding our annual plant sale in the Cloisters where lots of hardy plants will be available to purchase. For more information contact Susan Bradley on 017683 72700

Talk to your local County Councilor, Libby Bateman, at Kirkby Stephen Local Links on the following Saturdays between 10.00am—11.30am:

5th March, 9th April and 7th May 2016

Please come along if you have an issue you would like Libby to take up on your behalf, or just stop in to say "hello". If you're not able to make it to a surgery but have a problem you would like Libby to look into then please email:

libby.bateman@cumbria.gov.uk or telephone: 07759665233

February 2016

Local news and updates.

Cumbria Police - Update

In December an operation to target travelling criminals across the north of England took place. Five people were arrested, 207 vehicles stopped, five vehicles seized and 17 drivers reported for a number of offences, including possession of drugs, wildlife crime and two arrests for drink driving. Over 100 officers and community support officers from Northumbria, Durham, North Yorkshire, Cumbria and Lancashire took part in Operation Checkpoint. The officers were supported by over 80 volunteers, including special constables, farmers and gamekeepers. The operation is designed to gather intelligence about travelling criminals, disrupt their use of the road network and bring anyone found breaking the law to justice. Anyone with concerns is asked to contact police on 101 or dial 999 in an emergency.

The Police will be holding a drop in session for the community at Kirkby Stephen Police Station on the first Wednesday of the month 0900-1100hrs.

Eden Carers—Providing confidential support to those who care. Do you care? If so Eden Carers may be able to help you. We are a charity providing free support to unpaid Carers throughout Eden, who look after family members, relatives, friends and neighbours. We support over 850 individuals (170 of whom are young Carers aged 5-18 years). For more information about our support contact us on: 01768 890280

Dawdles walkers and friends

Fancy a bit of guerrilla knitting? Can you knit or crochet or want to learn? Can you donate wool or needles? New Kirkby Stephen project for completion in June. Leave your contact details at Kirkby Stephen Local Links.

Age UK Carlisle and Eden REACH Project

Loneliness and social isolation are serious issues facing older people. The **REACH** (Rural Eden and Carlisle Healthwatch) Project is aimed at supporting older people by improving health, wellbeing and community involvement. We help with accessing welfare benefits, keeping healthy, avoiding isolation and loneliness and joining social groups and activities.

For more information please contact REACH Officers Sue Capel or Bev Hall on 01768 354918 or 01768 863618 or email: reach@ageukcarlisleandeden.org.uk

News from Kirkby Stephen Grammar School...

Our Spring Term started with a flurry of activity for 2016 including Sixth Form Exams and a number of trips: skiing in Serre Shevalier French Alps, Years 10, 11 and 12 Geography trip to Iceland followed by National Centenary Educational Tour to Belgium and the Year 9 residential to Ullswater in March.

We also organised an Apprenticeship workshop in January to provide our Year 11s with information about career pathways and opportunities available to them and a STEM (Science, Technology, Engineering and Maths) Careers 'Speed Dating' Event. The purpose again was to provide students with plenty of information to help them make the right decision for their future. For more information about school activities, event, news and information visit our website: www.ksgs.cumbria.sch.uk

Storm Desmond Footpath Damage The torrential rain and flooding also damaged many footpaths in Cumbria which will take a considerable amount of time to repair and will be subject to funding being made available. The following is a summary of local damage:

Landslides at Ewbank Scar - dangerous footpath Landside at the top of Gramsceugh - unusable bridleway The surface washed out of the middle section of Bollam Lane

Swingy Bridge has been damaged Low Mill road bridge to Hartley is closed

Kirkbank Lane to Winton is closed with flooding and a substantial pot hole

If you spot anything out and about, please use our 'Report a Problem' system on our website http://www.walkeden.org/Walking/Report-a-problem.aspx or one of our cards at the Local Links or Upper Eden Visitor Centre. KS & District Walkers are Welcome

Community First Responders—Heart Start Training

A Defibrillator is being installed outside the Tourist Information Centre in Kirkby Stephen.

Volunteers are required in Kirkby Stephen to receive training in the use of an Automated External Defibrillator (AED) and CPR (Cardio-Pulmonary-Resuscitation).

If you are interested in applying for this training please contact: Dave Prince on: 07887 683831 or 017683 72091

What's on at Kirkby Stephen Local Links

Drop-in session for people with hearing loss. Call in and get your hearing aid checked by the professionals.

Eden Save- Credit Union Every Wednesday 10.30am —12.00pm

Your way to save, your way to borrow, your way to a better future.

Valerie Kendall Wednesday 9th March 4.00pm—5.30pm

District Councillor—Ward Surgery, come along and discuss issue or concerns with your local District Councillor

Timebank "Coffee Morning" Friday 11th March 10.30am—12.00pm

Call in for coffee, cake and a chat and find out about our local Timebank group at Kirkby Stephen Local Links

Eden Carers— Carers ClinicFriday 26th Feb & Friday 18th Mar
2.30pm—4.30pm
Advice, information and support for carers. If you care for someone or know anyone who would benefit from this support,

drop in at our clinic or book your 1-to-1 slot by tel: 01768 890280

Age UK "Coffee Morning" Monday 21st March 10.30am—12.30pm

Find out about the wide range of help and support you can access, have a chat with our team and enjoy coffee and cake.

Local Events for the coming Season

18th Classic Commercial Vehicle Rally Sunday 27th and Monday 28th March 2016

This annual Easter weekend event will see around 250 'last century' lorries, buses, coaches, municipal vehicles, emergency vehicles, tractors and military vehicles on display at 7 different locations across Kirkby Stephen and Brough. All the event sites are connected by a **free classic bus service** operated frequently by about 20 classic buses and coaches. There will also be a **15 mile Saturday afternoon road run around the local villages**, most of the buses welcome families on board to enjoy the scenic drive.

In addition to the classic vehicles there are also a few Edwardian fairground entertainments, local charities and caterers lining the streets with stalls.

The free bus service between all locations runs on both of the rally days, from about 10am to 5pm. So park your car in the signed car parks and enjoy the rally by bus! Each year the event attracts a few thousand locals and visitors who come to enjoy the friendly show atmosphere. The event is sponsored by local businesses, town council, parish council, advertising sales and programme sales. For more info visit: www.cumbriaclassiccoaches.co.uk

Kirkby Stephen Parish Church—EASTER SALE

Clothes, Books, Toys, Bric-a-Brac etc.
Sat 26th Mar 10am—4.30pm, Sun 27th Mar 12—4.30pm
Refreshments served through the day in Church.
Funds raised in aid of Kirkby Stephen Parish Church

Kirkby Stephen Parish Church—Easter Service
Fri 25th March—Good Friday Service from 2.00pm
Sun 27th March—Holy Communion at 8.15am & 10.30am
Sun 27th March—9 Lessons & Carols from 6.30pm
Churches Together—Easter Sunrise Service
Sun 27th March on "Kirkby Hill" at 7.00am

All Welcome.

Brough and Stainmore Art Group—Annual Exhibition

Sat 26th Mar, Sun 27th Mar & Mon 28th Mar, 10am—4pm

The Masonic Hall, Kirkby Stephen, FREE Entry, light refreshments available. Donations from collections and art work this year will go to MacMillan Cancer Support.

The Kings Arms—Easter Weekend Activities
Saturday 26th & Sunday 27th March, 11.00 am—5.00 pm
Full Hog Roast, Bouncy Castle & Kids Entertainment
Friday 25th March from 9.00 pm
Live Music in the Bar "Dean Palmer"

(Other Acts to be confirmed for Saturday & Sunday night) For more info contact Chris Little on: 017683 72906

Settle Stories Festival

For adults & families
1st—3rd April 2016
A weekend of stories, music,
comedy and ideas with over
50 events to inspire the
imaginations.

To book go to: www.settlestories.org.uk/festival

The Boy Who Bit Picasso An interactive theatre show for ages 4 and up Weds 30 March, 11am The Ballroom, Kings Arms, Kirkby Stephen. Adults £8/Child £6/Family £24. Tel: 017683 71885 for tickets.

Kirkby Stephen Remote Cinema

Spring 2016 Screenings at King Arms, Kirkby Stephen

To Kill a Mockingbird (PG) - 18 March 2016, 7pm A Royal Night Out (12) - 15 April 2016, 7pm The Lady in the Van (12A) - 20 May 2016, 7pm Addicted to Sheep (PG) - 17 June 2016, 7pm

Doors open 30 minutes prior to screenings, tickets available on the door (subject to availability) - cash only.

Ticket prices: Adults £5, Children under 16 £2, all children under 12 must be accompanied by an adult.

For more info or to book tickets tel: 017683 71992

BROUGH FARMERS'MARKET—At Memorial Hall, Brough

9.30am—12.00noon 20 Feb, 19 March,
9.30am—2.00pm 16 April & 21 May
Buy lamb, beef, pork, venison, fish, poultry, eggs, bread, cheese, cakes, photography, jewellery, textiles and more
3rd Sat of each month - no admission charge!

Sports and social, clubs and groups

PAD9—Kirkby Stephen Youth Group

Mon 6-8pm Juniors & Thurs 7-9pm Seniors at The Evergreen Hut on Redmayne Road, Kirkby Stephen.

1st Kirkby Stephen Brownies & Guides, NOW MEET AT THE METHODIST CHAPEL SCHOOL ROOMS every Tuesday. Brownies 5.30—7.00pm, Guides 7.00-8.30pm. Visit: www.girlguiding.org.uk/interested for details.

1st Kirkby Stephen Scout Group

Beavers (alt Weds), Cubs (alt Weds), Scouts #1 (alt Tues), KSA Scouts (alt Fri). All meet at the Silver Band Hut off Mellbecks email: gsl@ks-scouts.org.uk or tel: 017683 41107.

Kirkby Stephen Young Farmers Club—age 10-26 Tues, 7.30pm Winton Village Hall, tel: 01768866550

2192 Appleby Air Cadets meet Weds & Fri 7.15-9.30pm at Air Cadet Hut behind AGS tel: 017683 61845

DAWDLES—Walkers, meet every Thurs 10.30am Cloisters For more details visit: www.walkeden.org

Running—Howgill Harriers meet at KSGS Mon 6.30pm running, Weds 7.00pm circuits. For more details of runs and events visit: www.howgillharriers.co.uk

Kirkby Stephen Tae Kwon-Do meet every Friday in the Gallery Room at KSGS Sports Hall, Age 7-12 6.00-7.00pm, Age 12 & over 7.00-8.30pm and every Monday from 7.00-8:30 pm, 12 years & over in the Dance Studio at KSGS Contact: Martin Harvey 07971219436 visit: www.gtuknorthwest.co.uk .

Badminton for all from beginners to experienced players. meet Weds from 7.30—9.30pm KSGS Sports Hall contact: Sarah Bowman 07912 122624.

Junior & Senior Badminton—KSGS Sports Hall, Fridays 6.00-9.00pm Contact: Jeanette McQuirter 017683 71693

Cycling and Socialising—Eden Valley CTC, Weds & Sun 9.30 starts. visit: www.edenvalleyctc.org for details

Upper Eden History Society—Meet monthly in The Coffee Bar in KSGS. visit: www.upperedenhistory.org.uk for details.

Royal British Legion Women's Section—Meet First Monday of every month at Swanson House in Brough. New members very welcome, for more details contact: Sheila Proctor on: 017683 71061

Business Directory



Serving proper homemade food, as locally sourced as possible.

Our menu regularly changes, giving you the excuse to come back again and again.

We hope to see you soon Steve, Debbie, Lucy & Tim

Tel: 017683 42443

Email: askus@belahbridge.co.uk www.belahbridge.co.uk

Lets Do The Nice Things In I ife

Do you need time out, but don't want to go on your own?

Maybe you just need a little help, or a driver and some company?

If so, give me a call:

Sue Wilkinson

I enjoy caring for people and have over 15 years of caring experience. I would like to help make your day a bit brighter.

Home: 017683 71954 Mobile: 07967 917469

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7 Days a Week Opening hours MON—FRI 8am—4.30pm SAT 9am—4pm

Tel: 017683 71028 9 Market Street, Kirkby Stephen, CA17 4QS.

Sports and social, clubs and groups contd..

Sports and social clubs and groups contd..

Nateby and Wharton WI—first Fri of month 7.00-9.00 pm, Quaker Meeting House tel: Joyce Hunter 017683 71517.

Upper Eden Quitters—Quilting, Knitting & Crochet, Fridays @ Friends Meeting House, 2.00-4.30pm tel: Sue Bradley on 017683 72700 or Jenny McWilliam on 017683 71820. Kirkby Stephen Family History Group—meet 2nd Tues in Month @Kirkby Stephen local links email: ksfhistg@googlemail.com

Stitch and Chatter—meet alt Fridays from10-12 in Winton. Craft in all areas of textile, learn new skills and share your own. Call Carole on: 07419372881 for details.

Brough Sowerby Lunch Club, first Wednesday of every month at Brough Sowerby Chapel. 12.00—1.00pm. Contact Sarah Kirkup on: 017683 41258.

Kirkby Stephen Silver Band. Meet every Monday in the Band Hut on Mill Lane Kirkby Stephen at 7.30pm. For more details go to: www.kssb.org.uk

Kirkby Stephen Choir—"The Local Choir with a Big Heart"

Wednesday 7.30—9.00pm meet at Kirkby Stephen Masonic Hall. Cost £3. All welcome, lots of fun, music to suit all tastes. Contact Karen West; 07974 759136. email: karenwestmusic@yahoo.co.uk.

Kirkby Stephen Bowling Club. Our outdoor bowling green is open from April to September any week day at 5.30pm or Saturday afternoon. All welcome. Bowls and instruction given to new players. For more details contact Mick Botterill on 017683 72973 or email: michaelbotterill@btinternet.com.

Table Tennis Club meet in KSGS Gym every Thursday from 7—9pm . Between September to Easter. All welcome. Contact Mike Sunderland for details KS 71406.

Koryo Eden Taekwondo meet every Wednesday in Warcop New Village Hall between 5.30—7.30pm. All welcome. Contact: tom6tkd@gmail.com tel: 07710 011730.

To include your group, club, sport or social activity in this listing, email:communitynews@kirkby-stephen.com



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