



Kirkby Stephen & Upper Eden Community News

Summer 2015

May 2015

News from Kirkby Stephen Local Links ...

Community outreach ..

Its been a busy time at the Local Links over the spring period. Our efforts to encourage outreach support and access to services locally has paid off. We have welcomed the services of many different organisations offering drop-in advice sessions and surgeries during our opening hours, all of which have been well utilized by our local community. From Carers Support and Energy Advice to IT tuition and online assistance, many of our local residents have benefitted from the services we have been able to offer locally.

“Be Online” to continue..

We joined the national Be-Online campaign in March this year and as a result of this successful scheme, we have now been recognized and registered as a partner of UK Online nationally. This now means that we can offer IT tuition on an ongoing basis with access to partner resources.

If you need help with a mobile device or would like to understand more about online facilities, call into the Local Links and speak to Kellie or Wendy about an IT appointment. Available most Friday's (subject to staff availability) between 10.00—12.30 and 2.00—4.00pm. Tel 017683 71775 to book an appointment.

Outside seating!!

Over the last year we have been working hard to raise enough funds to buy some seating for the outdoor space behind the Local Links building. The space is a wonderfully tranquil spot and a great place to watch the bustling wildlife and admire the wonderful views of the fells that lie to the east of Kirkby Stephen.

Whilst we have made good use of this outside space with our annual events, we were keen to install some nice seating to compliment our outside facilities and encourage others to enjoy this wonderful space all year round.

As well as our own fund raising efforts, we received contributions from members of our local community and recently, donations from **Kirkby Stephen Garden Trail** and **The Calor Fund**. Thanks to these additional offers of funding we have been able to purchase three new bench seats. Access to the outside space and seating will be during our opening hours on Monday, Wednesday, Friday and Saturday. A huge thank you to our contributors for their very kind donations.



Keep up-to-date online,

Like and share
our community
Facebook
page:



**Kirkby Stephen
Community Centre**

Job Support at Local Links

Are you looking for work?

Struggling to get to Penrith, Kendal or Carlisle job centre?

Do you need help searching the local job market?

Does your CV need updating?

Do you need help using universal job match or applying for universal credit online?

We offer job support services which can help with many issues you may be facing as a result of the challenges of the local job market.

Our jobs board located in the entrance to the community centre is updated weekly, displaying local job opportunities, copies of weekly job papers are available to view, free access to our public computers to assist with online job searching, accessing direct.gov.uk, universal credit system and other remote job services. Friendly staff on hand to assist with your needs and guide you through the daunting task of finding new employment.

One-to-one appointments are available on Fridays and Mondays (subject to staff availability). If you would like more information about the support we offer job seekers, or would like to book an appointment, call into the Local Links and speak to Kellie or Wendy.

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HIGHLIGHTS

Community outreach services

Outside seating at Local Links

Kirkby Stephen Town Council, Chairman`s report

Eden Sight Support In Kirkby Stephen

Good Neighbour scheme

Appleby Horse Fair—Public Drop-in Sessions

Forthcoming events at Local Links

Kirkby Stephen Local Links

Open: Monday, Wednesday, Friday: 10.00am—5.00pm
(Closed 12.30—1.30 pm)

Saturday 10.00am—1.00pm (Library only)

Address: Vicarage Lane, Kirkby Stephen, CA17 4QX

Tel: 017683 71775 Fax: 017683 74858

Email: kslocallinks@cumbria.gov.uk

Kirkby Stephen Town Council News

Chairman's Report 2015

Planning issues have again been to the fore of council meetings. Two planning appeals determined by inspectors have taken place. White House Farm was granted permission while the site at Mellbecks was refused. We still await Eden District Council's Local Area Plan into which we expect the Council's Town Plan will be included.

The Council agreed to be the lead body so that the Neighbourhood Development Order could proceed on Carr House in the Parish of Mallerstang. This council remains neutral to the outcome of this order.

Footway lights have been assessed. This issue has definitely moved forward with the outcome better than was originally expected. Meetings with residents affected by the removal of lights in certain areas will be held in the coming months.

Highway issues are again a major part of the Council's work. Two hour all year round parking has been applied for to the County Council, we have asked for traffic management on Market Street near the traffic lights to be reviewed and the parking bays removed. The notice for the disabled parking bays has at last been actioned, I trust this will stop the thoughtless illegal parking by people who do not have a disabled badge. Homeowners on Nateby Road were contacted by the Council to ask that they park carefully so as not to obstruct the narrow area though which access is essential at all times.

May I take this opportunity to remind everyone that we have a car park minutes walk away from the town centre, which is under used by locals.

The Kendal bus service ceased at the end of October, this has made it almost impossible to get from Kirkby Stephen to access hospital appointments and train services both at Kirkby Stephen and Oxenholme. We are grateful as a community to Classic Coaches undertaking a twice weekly service to Kendal via some of the villages and there is a student service in term time. The Penrith service is still run by Grand Prix but we were informed recently that the usage on this route was not meeting targets.

The cloisters was damaged in October which led to the closure of this area for six months while the repair work was planned and implemented. Thanks go to local builder Jason Winder whose prompt response to help after the accident prevented further damage. The finished result is excellent craftsmanship for which all involved are to be congratulated.

The Council has entered into discussions with Eden District Council to plan the upgrade of the public toilets to a paying system. This should secure this facility for the future and the Council will receive funds for managing the pay tolls.

Representatives from the Councils have attended meetings both post and pre Appleby Fair with the members of the MASC Group to look at ways of alleviating problems during the run

Town Council —Dates of Meetings

2nd June

7th July

Meetings start at 6.45pm in the Local Links Meeting Room.

The first item is Public Participation.

The agenda and minutes are available to download from www.kirkby-stephen.com

Paper copies are available at the Local Links.

TOWN COUNCIL CONTACT DETAILS

Mrs. J Johnstone, Chairman

Mr. A Birtles

Mrs. G Lumley

Mr. P Richardson, Vice-Chairman

Mrs. J Sowerby

Mrs. D Thornton

Vacancy

Vacancy

Clerk/Financial Officer:

Mrs. J Cooper

Phone/Fax: 017683 74854

up to the fair. New measures are to be put in place to restrict the tethering of horses on railings obstructing the footway and along the A685 to restrict parking of cars and vans. The council has been assured that police presence in the town will be increased this year.

The Council has commissioned major works in Silver Street Gardens which has improved this overgrown area, trees have

Kirkby Stephen Town Council News

Bridge and at Stenkrith Park.

The Poetry Path had improvements carried out through grant funding from a number of organisations. Thank you to Ann Sandell through Walker's are Welcome for obtaining this money. The lettering on the stones has been renewed by Pip Hall. This walk remains a very popular tourist attraction.

The Town Council took responsibility for the Christmas light display switch on and window competition. A big thank you to all the people involved. This display I am sure enhances the Christmas experience for locals, visitors and businesses.

The Town Council continues to grant fund Pad 9 which is still a success providing youth work. This year grants have also been given to the Girl Guides, the combined Mountain Rescue, Rotary and Scouts Beer Festival, Walker's are Welcome and the Upper Eden Visitor Centre.

The Brittleton Bursary was awarded to the Scouts who attended a week long international camp. At our December meeting it was a pleasure to listen to their report and it was plain to see that all involved has enjoyed the experience very much.

The Eden Classic Vehicle Rally took place again at Easter. What a wonderful weekend this was for the town. The small donation given towards the staging of this event is a token of the thanks we as a community owe to Will Hamer and family for organising such a successful event which benefits so many businesses and organisations.

The Community and Council Centre is still a top priority for the Town Council. The staff continue to provide an excellent service to many in our local community, giving advice on a wide range of subjects and also supporting Eden District Council and the County Council by delivering their services. The Town Council are exploring ways of making the Community and Council Centre service sustainable in the future. Thank you to Eden District Council for financial support and to the County Council for the use of the building. I record my thanks and that of the Councillors to the staff for their excellent work.

The Council would not perform to such a high standard without the guidance of our Clerk Jeanette Cooper. A huge thank you both personally and from all the Councillors. Thank you to Alan Simpson for again keeping the town tidy, providing the floral baskets and all the other jobs he does to such a high standard. Thank you to Sue Bradley, Liz Meadows and Vivienne Littlefair for carrying out the town

planting. Thanks also go to our County Councillor Libby Bateman for your support on so many matters. To Trevor Ladhams and Paul Richardson as Eden District Councillors.

Thank you to Janet Allison Police Community Support Officer and her colleagues for information regarding policing matters and for actioning any concerns we raise.

I thank my fellow Councillors for all their commitment throughout the year to the community of Kirkby Stephen. A special mention must be made to Margaret Albon, Jackie Scarr and Paul Ladhams who decided not to stand for re-election, thank you for your work with this Council.

Finally as we look forward to a new Council after the 7th May, I am sure we will achieve much together.

J Johnstone, Chairman.

Edited, full version available on the website.

Annual Accounts 2014/15

The table below gives a brief summary of the Town Council accounts for the year 2014-2015. For further details please contact the Clerk in Local Links.

Service/Activity	Receipts	Payments
Street Cleaning	£15,397.85	£13,075.74
Open Spaces	£8,304.62	£7,042.90
Grants and Donations	£9,067.88	£6,441.00
Administration	£20,322.41	£17,444.13
Council & Community Centre	£42,981.01	£22,853.29
Miscellaneous	£8,073.55	£1,729.21
Cloisters	£4,647.55	£2852.83

Local services, news and updates.



The Resource Centre, Sandgate, Penrith. 01768 891724

KIRKBY STEPHEN OUTREACH

Eden Sight Support offers information and support to anyone with a visual impairment within the Eden area.

We have a resource centre in Penrith which is open 11am-3pm every Tuesday. We appreciate that travelling to Penrith can be difficult for people, especially when suffering from a visual impairment.

To try to help support our members outside Penrith we have started outreach events. The first was in Kirkby Stephen earlier this year and as it was successful we decided to continue on a bi-monthly basis. Members and non members are welcome to join us for a cup of tea and a chat, and to get information and advice on anything related to their visual impairment.

If you think that you, a friend or family member may benefit from attending please join us for one of our upcoming meetings:

Thursday May 28th 10.00 – 12.00

Thursday 23rd July 10.00 – 12.00

Thursday 24th September 10.00 12.00

Meetings are held at

Kirkby Stephen Friends Meeting House

FREE DRAUGHT PROOFING

The weather's been a bit deceptive recently, one minute blazing sun shine, the next minute snow showers! That aside, warmer weather is just around the corner and if you haven't already turned your heating off, no doubt you soon will be. This is an excellent time to think about draught proofing your home ready for next winter. Preventing unwanted draughts helps to save on your heating bills and get a warmer, more comfortable home.

Cumbria Action for Sustainability (CAFS)

In partnership with Eden Housing Association

To arrange free draught proofing or for more information please call **01768 861 463**

Appleby Horse Fair 2015

Public Drop-in sessions—June 2015

10.00—10.30hrs on: 1st, 3rd, 4th, 5th, 6th 7th & 8th June

18.00—18.30hrs on: 2nd June

Please call in and speak with Police and Council Representatives if you have any issues or concerns you wish to raise regarding Appleby Horse Fair.

To report a problem or crime outside of these times **please contact 101 or 999 in case of an emergency.**

Could you be a good neighbour?

Have you got a little time to spare, to help friends and neighbours in your local area?

If so, we would like to hear from you.

This summer we are hoping to set up a "Good Neighbour" scheme to try and bring together members of our local communities, across Kirkby Stephen and Upper Eden.

You may already be helping others but what we hope to do is reach out to those across our local communities who need a little help but are afraid to ask.

Whether its giving lifts, collecting shopping, IT guidance or small household tasks, a little help can go a long way.

We hope that this new scheme will help bring people together within the communities of Kirkby Stephen and Upper Eden, encourage those who are isolated to ask for help and create opportunities to meet new friends.

If you would like to be part of our good neighbour scheme or know someone who needs a little help, please contact: Kellie or Wendy at Kirkby Stephen Local Links on: 017683 71775

Have you got what it takes to be a Councillor?

KIRKBY STEPHEN TOWN COUNCIL has TWO VACANT SEATS

The Town Council will fill the vacancies by co-option at the 2nd June 2015 meeting For more information on this rewarding role please contact the Clerk or any of the serving Councillors.

Valerie Kendall District Councillor



Following a career in journalism, public relations and marketing, I was elected as a Councillor and later created Hon. Alderman of the City of Leeds. Though born and bred in Durham, four years ago I settled in Appleby to be near my family and my Westmorland farming roots. Since moving there I have been a Town Councillor and Secretary of the WI. My particular interests are in planning and adult health and social care – and now, of course, whatever concerns the residents of Kirkby Stephen Ward. I look forward to the next four years.

Local services, news and updates.

Cumbria Classic Coaches

are looking forward to a very busy 17th season of operation. In addition to our four regular weekly registered routes to Barnard Castle, Hawes and Kendal, we already have advanced bookings to provide transport for:



- Kirkby Stephen's visiting French teams as guests around the Northern Lake District on 10th May.
- Patients of the memory recall project at Carlisle's Carlton Clinic on 18th May.
- Passengers of Ullswater Lake Statesman Rail every Wednesday from 27th May.
- The BBC 'Hadrian's Wall of Sound' on 5th June.
- Blackburn Heritage Festival on the 12th & 13th September.
- Grassington 1940's weekend 19th & 20th September.

We are also pleased to confirm that the new routes to Kendal on Monday's and Thursday's will operate all year round.

For more information about our regular services, call into Kirkby Stephen Local Links or the Visitors Centre and pick up our 2015 timetable.

If you need to travel to a nearby village or town, why not "Go the classic way"!

Remote Cinema at the Kings Arms Ballroom!

We are delighted to announce that Chris Little at the King's Arms is willing to host the Remote Cinema in the hotel ballroom, and we expect that Kirkby Stephen will have film showings beginning in September 2015.

More details will be available nearer the time.

Kirkby Stephen Bowling Club

The bowling green opened on April 4th for the 2015 season. In prime position alongside the River Eden it is a longstanding sporting facility of the town. Our small but enthusiastic group of members work hard to keep the green "up to scratch" and to this end have applied for grants from local funds to improve the green and it's surroundings. The green is open to all and is a game for everyone - not just old people! Why not come along and give it a try.

From 5.30 pm onwards every weekday there is always someone available to provide instruction and equipment, you just need to wear flat shoes. It is a great social activity.

If your group, sporting or otherwise, would like to use the green just contact Mick Botterill on 01768372973 or email: michaelbotterill@btinternet.com

Upper Eden Visitor Centre

Visitor Centre Summer Opening Hours:

Monday to Saturday 10am to 5pm and

Sunday 10am to 4pm.

The Visitor Centre has produced a 2016 Calendar full of images of Kirkby Stephen and Upper Eden. All profits from this Calendar will help continue to support the Upper Eden Visitor Centre. Available now £8:50

If you are interested in becoming a volunteer and would like more information please contact Fiona on: 017683 71199.

Eden Timebank

Our organisation continues to operate in the Kirkby Stephen area. We are located in the Local Links building every Wednesday morning. We always welcome new members and are happy to answer any enquiries about what Eden Timebank is and how it operates.

We are also looking for some new members for our committee and in particular, we need a new Time broker for the Kirkby Stephen area.

If you would like to know more please do get in touch by either email:

edentimebank@yahoo.co.uk or ring Susanne Burns, the Timebroker for the Appleby area on 07419 372882 or Beryl Eden, Secretary 017683 52411.

Eden Timebank Limited Web: www.timebanking.org

Appleby Horse Fair

Every year Gypsies and Travellers gather in Appleby on the first week of June to trade horses and celebrate their culture. Unfortunately visitors to the fair often arrive early and settle in the Upper Eden area ahead of the fair. Much work has gone on behind the scenes over the past 12 months to reduce the impact the fair has on the local community.

If you witness something you are unhappy about during the fair then it is important to register your concern with the local policing team. The easiest way to do this is by **telephoning 101** and giving details of your concern. The sooner you can do this the better as it may be possible to take early action.

We are expecting a much greater police presence in Kirkby Stephen this year on the week running up to the fair.

Horse Fair Feedback meeting

Monday 20th July at Appleby Public Hall from 7pm

Members of all local communities are welcome. Please do come along and share your comments, concerns or views on this years horse fair.

What's on at Kirkby Stephen Local Links

Eden Carers—Carers Drop-in Clinic **10.00am—12.00pm** **Fri 29th May, 26th Jun, 31st Jul, 28th Aug**

Do you support a loved one, friend or family member? You are one of the hidden army of voluntary Carers in Eden. Call in and see us for a coffee and a chat, find out about support available to carers of all ages across Eden.

Alzheimer's Society—Outreach Support **10.00am—12.00pm** **Fri 29th May, 3rd Jul, 7th Aug, 4th Sept**

Come along to our monthly drop-in session and find about information and support that is available to people living with Dementia. Advice on diagnosis, financial and legal matters, carer support and much more. One to one appointment also available.

Be Online @ Local Links **10.30am & 4.00pm** **Every Friday**

Free one-to-one tuition to help you embrace the digital era, understand internet safety and become independent online. 30 minute appointments will be available every Friday. Tuition on our computers and laptops or assistance with your own tablets, laptop or mobile devices. Please call into the local links or telephone to book your appointment.

Bridging The Gap **10.00 am —12.00** **Every 3rd Tuesday**

Drop-in session for people with hearing loss. Call in and get your hearing aid checked by the professionals and get new batteries fitted. Full list of session dates and times and replacement batteries are available from the Community and Council Centre at The Local Links.

Eden Timebank **10.00am—12.00** **Every Wednesday**

Share your skills with others in your community and be rewarded for your time. Your spare time is worth a lot, so invest it well with Eden Timebank. Call in and see us at Kirkby Stephen Local Links for more details.

IT Drop-In Session **10.00am—12.30pm** **Mon 29th Jun, 6th Jul, 13th Jul, 20th Jul**

Assistance with laptops, Android devices and Ipad's, help with all round IT needs, no appointment necessary just call in for some free help and advice and get the most out of your device.

For more information about what's on at Kirkby Stephen Local Links please call Kellie or Wendy on: 017683 71775 or email; kslocallinks@cumbria.gov.uk

Library Summer Reading Challenge Record Breaker!

To celebrate the 60th Anniversary of The Guinness World Record Book.

The challenge: Read six books over the summer holidays

Each time you read a book, collect stickers and prizes along the way and unlock games on the record breakers website with each sticker code.

Challenge age range: 4 to 11 years old

From Saturday 11th July to Saturday 12th September

Speak to Staff at Kirkby Stephen Library for more information and details on how to enter.

"IT Event" at Kirkby Stephen Local Links

Optimise your IT skills at our Community Event on

Wednesday 3rd June 2015, 1.30 — 4.30pm

At Kirkby Stephen Local Links on Vicarage Lane, off Stone Shot, behind the Church.

"Bite size" workshops teaching you basic skills on:

Facebook, Skype, Photo Editing & Searching the net

1:1 Tuition on computers, laptops & mobile devices

Ancestry taster sessions—with the Library

Help with home computing from "Barclays Eagles"

Do you need a place to meet?

Workshops, Training, Meetings, Events, Drop-ins & Activities

Kirkby Stephen Local Links offers:

Modern facilities with Free WIFI

Central location, nearby parking

Admin services: inc, fax, photocopy, scan & print

(charges may apply)

To hire our facilities please call: **017683 71775**

or email: kslocallinks@cumbria.gov.uk

Talk to your local County Councilor

Libby Bateman, local County Councilor for Kirkby Stephen and Eden will be at **Kirkby Stephen Local Links** on the following Saturdays between 10.00 and 11.00am:

23rd May, 27th June and 25th July 2015

Please come along if you have an issue you would like Libby to take up on your behalf, or just stop in to say "hello". If you're not able to make it to a surgery but have a problem you would like Libby to look into then please email: libby.bateman@cumbria.gov.uk or telephone: 07759665233

Events and Activities



Sherlock Holmes, After Dark, Murder Mystery
Event: **Saturday 4th July**
from 7.30pm

(doors open 7pm)

At Stainmore Railway Company, East Station, South Road, Kirkby Stephen, CA17 4LA. Adults £25, accompanied U16's £5, inc buffet meal and train ride. Tickets available online @ www.kirkbystepheneast.co.uk or from Kirkby Stephen East Station at weekends or tel: 017683 71700



BROUGH FARMERS' MARKET

3rd Saturday of each month

20th June, 18th July,

15th August & 19th September

9.30am—2.00pm

Buy lamb, beef, pork, venison, fish, poultry, eggs, bread, cheese, cakes, photography, jewellery, textiles and more

At Memorial Hall, Brough. no admission charge!

All Enquiries: Jane 01768 480069

Hospice at Home

Carlisle and North Lakeland

★ THE PENRITH COLOUR RUN!! ★

★ Sunday 28th June, From 1.00pm ★

★ At Frenchfields, Penrith. ★

Please come and join us for a fantastic afternoon of fun, colour and entertainment with your friends, family and colleagues! **To register, call 01768 210719** or visit:

www.hospiceathome.co.uk

Introduction to Volunteering - MONDAY 8TH JUNE

at Kirkby Stephen Local Links between 1.00-2.30PM

Are you new to volunteering or want to find out more?

Come along to our session and find out more about becoming a volunteer, the benefits of volunteering, organisations looking for volunteers in your area and current training opportunities.

To book contact Cumbria CVS on: 01768 800350 or email: info@cumbriacvs.org.uk

Eden Community Alarms and Carlisle Eden Mind will also be at the session to talk about their organisations, the work they do and current volunteering opportunities.

Sports and social clubs and groups contd..

Kirkby Stephen Bowling Club. Our outdoor bowling green is open from April to September any week day at 5.30pm or Saturday afternoon. All welcome. Bowls and instruction given to new players. For more details contact Mick Botterill on 017683 72973 or email: michaelbotterill@btinternet.com.

Sports and social, clubs and groups

PAD9—Kirkby Stephen Youth Group

Mon & Thurs @PAD9, Waltons Yard off Market Square
1st Kirkby Stephen Brownies & Guides, Tues @ KSGS
visit: www.girlguiding.org.uk/interested for details.

1st Kirkby Stephen Scout Group

Beavers (alt Weds), Cubs (alt Weds), Scouts #1 (alt Tues),
KSA Scouts (alt Fri). All meet at the Silver Band Hut off Mellbecks email: gsl@ks-scouts.org.uk or tel: 017683 41107.

Kirkby Stephen Young Farmers Club—age 10-26

Tues, 7.30pm Winton Village Hall, tel: 01768866550

2192 Appleby Air Cadets meet Weds & Fri 7.15-9.30pm at Air Cadet Hut behind AGS tel: 017683 61845

DAWDLES—Walkers, meet every Thurs 10.30am Cloisters
For more details visit: www.walkeden.org

Running—Howgill Harriers meet at KSGS Mon 6.30pm running, Weds 7.00pm circuits. For more details of runs and events visit: www.howgillharriers.co.uk

Kirkby Stephen Tae Kwon-Do meet in the Gallery Room at KSGS Sports Hall, Age 7-12 6.00-7.00pm, Age 12 & over 7.00-8.30pm. Contact: Martin Harvey 07971219436 visit: www.gtuknorthwest.co.uk

Brough Badminton Club—meet Weds from 7.30pm KSGS Sports Hall contact: Sarah Bowman 017683 72345

Junior & Senior Badminton—KSGS Sports Hall, Fridays 6.00-9.00pm Contact: Jeanette McQuirter 017683 71693

Cycling and Socialising—Eden Valley CTC, Weds & Sun 9.30 starts. visit: www.edenvalleyctc.org for details

Upper Eden History Society—Meet monthly in The Coffee Bar in KSGS. visit: www.upperedenhistory.org.uk for details.

Royal British Legion Women's Section—Meet First Monday of every month at Swanson House in Brough. New members very welcome, for more details contact: Sheila Proctor on: 017683 71061

Nateby and Wharton WI—first Fri of month 7.00-9.00 pm, Quaker Meeting House tel: Joyce Hunter 017683 71517.

Upper Eden Quilter—Quilting, Knitting & Crochet, Fridays @ Friends Meeting House tel: Sue Bradley on 017683 72700

Kirkby Stephen Family History Group—meet 2nd Tues in Month @Kirkby Stephen local links email: kshfhistg@googlemail.com

Stitch and Chatter—meet alt Fridays from 10-12 in Winton. Craft in all areas of textile, learn new skills and share your own. Call Carole on: 07419372881 for details.

Brough Sowerby Lunch Club, first Wednesday of every month at Brough Sowerby Chapel. 12.00—1.00pm. Contact Sarah Kirkup on: 017683 41258.

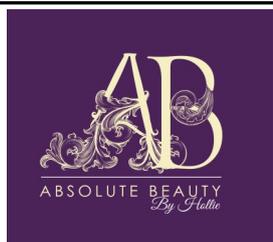
Kirkby Stephen Choir—"The Local Choir with a Big Heart" Wednesday 7.30—9.00pm meet at Kirkby Stephen Masonic Hall. Cost £3. All welcome, lots of fun, music to suit all tastes. Contact Karen West ; 07974 759136. email: karenwestmusic@yahoo.co.uk.

Kirkby Stephen Youth Club—Every Wednesday 6-8pm

Meet at The Methodist Hall, opposite Spar. Welcome all 11-19 year olds. Contact: Kirsty McEwan on 017683 41751

To include your group, club, sport or social activity in this listing, email: communitynews@kirkby-stephen.com

Business Directory

**For all your beauty needs!**

Monday	Closed
Tuesday	9.00-7.30
Wednesday	9.00-5.30
Thursday	9.00-7.30
Friday	9.00-5.00
Saturday	9.00-3.00

3 Silver Street,

Kirkby Stephen, CA17 4RB

Tel: 017683 72917



Eden Ladies
WORKING TOGETHER

Eden Ladies Business Network

Meet: 4th Thursday monthly. Venues around Appleby and Kirkby Stephen. We provide training, support and a networking opportunity for all women in business, managers, owners or people considering self-employment.

E:media@edenladies.org.uk

Tel: 07791977979

**HEWITSON & HARKER
SOLICITORS****Local Expertise**

We offer comprehensive, high quality, client focused advice in the following

areas:

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*Available circa 15 mile
radius of Kirkby Stephen*

Regular work preferred

Karen West Music

Inspirational music lessons for all ages and abilities.

Lessons in singing, piano, music theory and composition.

Outstanding exam support for GCSE and

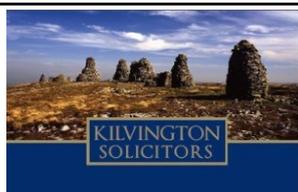
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Contact: Karen West

Mobile: 07974 759136

karenwestmusic@yahoo.co.uk



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Powers of Attorney & Care Planning

Agricultural & Business Services Tel: 017683 71495

info@kilvingtonsolicitors.co.uk

Gardening

design — planting— ponds
pruning— hedging— paths
sheds—summerhouses

Mark Barker

01539 623239

07709977619

**To place your advert in
our next edition please**

email: [communitynews@](mailto:communitynews@kirkby-stephen.com)

kirkby-stephen.com

or tel:017683 71775



**THE BAY HORSE
WINTON**

Quality British Food & Ale
Refurbished and under new management

Open Daily

Food service hours:

Lunch

12-2pm Monday-Friday

12-3pm Saturday

Sunday Carvery

as much as you like £10

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